

## **Wilderness Traverse Adventure Race – 2024**

### **Competitor Instructions**

#### **Emergency Phone Numbers:**

Head of Safety: Graham Rupert (416-560-8757)

Event Director: Bob Miller (416-735-4021)

Headquarters: Barb Campbell (416-524-9565) Amber Panchyshyn (416-528-7130)

Emergency Services: 911

#### **Contents of Race Package:**

- These Competitor Instructions (4 pages)
- 2 National Topographic System (NTS) Topographic Maps
- 1 Camp Pine Crest Trail Map
- 1 Backroad Mapbook Overview Map

#### **Details for National Topographic System Maps**

- Produced 2000, Roads 1996, all else as of 1989 (some trails and roads (in bold) as of 2024)
- Scale: 1:50000
- 1000m UTM Grid Zone 17T NAD 83
- Contour Interval: 10m
- Grid Declination: **10.3° West** (current as of 2024)
- Out of Bounds Areas and roads are marked with "Out of Bounds", or red shading.
- Some course tips/conditions written in red.

#### **Definitions:**

CP – Checkpoint (Must punch SI card at all CPs and both "in" and "out" of TAs)

TA – Transition Area (All TAs are also CPs. Teams will have access to specific gear bins as described)

#### **Course Specific Rules:**

1. Any team that will arrive at a CP past an "**Absolute Cut-Off**" must notify Race Management of their location and condition prior to that cut-off.
2. Teams attempting the Leg 7 Mountain Bike & Trek who don't collect all of the CP's (18, 19 and 20) will be ranked as if they missed the entire leg and will be placed on the Explorers Course. No time credits will be given for time spent on this leg.
3. All teams must be off the course by 1600 on Sunday to be eligible for an official finish.
4. **Hwy 169 is OUT OF BOUNDS**
5. Crossing Private Property is forbidden unless otherwise stated. Be courteous and respectful when passing or approaching any private residences (especially in the dark).
6. Traveling along railway tracks is forbidden unless described in these instructions, or on the map (it is okay to cross them).

**Special Note:** Be sure to reference all maps provided as some show trails not on the NTS Maps.

## ***Wilderness Traverse Adventure Race – 2024***

### **START                      NTS Map 1**

The Start is located at YMCA Camp Pine Crest. The race begins at 1000 on Saturday.

### **Section 1 – Prologue Trek – Map Handed Out at Start**

One member from each team will run/hike a ~2km prologue trek collecting three CP's (A, B, C) in any order and then returning to the Start/Finish area where they will meet their teammates and proceed onto Section 2. The team member visiting the CP's must carry the Sport Ident timing stick to punch at each CP. They do not need to carry the satellite tracking device or their mandatory gear for this leg.

### **Section 2 – Trekking**

#### **CP1 (unstaffed)      Camp Pine Crest Trail Map**

CP1 is located where a stream enters a lake on the south shore of Gullwing Lake.

#### **CP2 (unstaffed)      Camp Pine Crest Trail Map**

CP2 is located at a campsite on the north shore of Echo Lake (the campsite is elevated from the shoreline)

#### **CP3/TA1      NTS Map 1/Camp Pine Crest Trail Map (Gear Bin#1 & Bikes)**

CP3/TA1 is in a field at Camp Pine Crest. Teams will stage their bikes here prior to starting the race.

### **Section 3 – Mountain Biking**

#### **CP4 (unstaffed)      NTS Map 1**

CP4 is located on a trail on the shore of Little Long Lake.

#### **CP5 (unstaffed)      NTS Map 1**

CP5 is located at a trail junction.

#### **CP6 (unstaffed)      NTS Map 1**

CP6 is located on a trail on the shore of an unnamed pond.

#### **CP7/TA2                      NTS Map 1 (Gear Bin#2 and paddle bags/gear available)**

CP7/TA2 is located at Nine Mile Lake Marina. When departing the TA move any extra paddle bags (if applicable) to the area designated by TA Staff to be moved to TA3. Gear bin #2 and bikes will remain at TA2 for access again at TA4 (same location). Teams of 4 must take 16ft canoes, teams of 3 can take 17ft canoes. Canoes will be organized by length and monitored by TA Staff.

### **Section 4 – Canoeing**

#### **CP8 (unstaffed)      NTS Map 1**

CP8 is located at the junction of a portage trail and the shore of Turtle Lake.

## **Wilderness Traverse Adventure Race – 2024**

### **CP9 (unstaffed) NTS Map 1**

CP9 is located at the junction of a portage trail and the shore of Woodland Lake.

### **CP10 NTS Map 1**

CP10 is located at a campsite on a point on the east shore of Lower Boleau Lake.

### **CP11/TA3 NTS Map 1 (Gear Bin#1 and paddle bags available)**

CP11/TA3 is located at a Ball Diamond and Public Boat Launch on the south shore of South Gibson Lake. Note, Shaw Creek is not a passable waterway in canoes from CP10 to CP11/TA3.

**Absolute Course Cut-Off at CP11/TA3:** Teams not departing CP11/TA3 by 0500 on Sunday will be transported to the finish by event staff.

## **Section 5 – Trekking**

Read the note/legend on Map 1 about the Five Winds Ski Trails (marked with purple lines) for this section.

### **CP12 NTS Map 1**

CP12 is located at a campsite on a point on the north shore of Nine Mile Lake.

### **CP13/TA4 NTS Map 1 and 2 (Gear Bin#2 and bikes available)**

CP13/TA4 is located at Nine Mile Lake Marina. (Same location as TA2)

### **\*\*Important Expedition Course Information\*\***

Teams planning to visit Expedition Course CP's will need to receive wristbands at TA4 which will be used by each team member to be manually punched at CP's 18, 19 and 20. These will be collected at the finish to ensure each team member visits these CP's. SI cards also still need to be punched at these CP's.

**Explorers Course Cut-Off at CP13/TA4:** Teams must depart CP13/TA4 by 1200 on Sunday to attempt the Explorers Course. Teams departing after 1200 can continue on the Challenge Course. Challenge Course participants will bike directly from CP13/TA4 to the Finish at Camp Pine Crest on roads.

**Absolute Course Cut-Off at CP13/TA4:** Teams not departing CP13/TA4 by 1500 on Sunday will be transported to the finish by event staff.

## **Section 6 – Mountain Biking**

### **CP14 (unstaffed) NTS Map 2**

CP14 is located on a trail.

### **CP15 (unstaffed) NTS Map 2**

CP15 is located on a trail.

### **CP16 (unstaffed) NTS Map 2**

## ***Wilderness Traverse Adventure Race – 2024***

CP16 is located at a trail junction. (Same location as CP5)

### **CP17 (unstaffed) NTS Map 2**

CP17 is located on a trail on the shore of Little Long Lake. (Same location as CP4)

**Expedition Course Cut-Off at CP17:** Teams not departing CP17 by 1200 on Sunday cannot start the Leg 7 Bike & Trek and must continue biking to the Finish on the Explorers Course.

### **Section 7 – Mountain Bike and Trek**

Teams can leave bikes at any time and at any place to trek on this leg. (We recommend hiding bikes in the forest). As a reminder, teams are always required to visit CPs in sequential order unless stated otherwise.

### **CP18 (unstaffed) NTS Map 2**

CP18 is located on the shore of an unnamed lake.

### **CP19 (unstaffed) NTS Map 2**

CP19 is located at the junction of a trail and a road.

### **CP20 (unstaffed) NTS Map 2**

CP20 is located at a campsite on the south shore of an unnamed lake.

### **FINISH NTS Map 2**

The Finish will be located at Camp Pine Crest. (The same location as the Start)

**Course Cut-Off** – The course will close at 1600 on Sunday. Any team who has not reached the finish line by this time will not receive an official finish.

Good Luck!