Competitor Instructions

Emergency Phone Numbers:

Head of Safety: Graham Rupert (416-560-8757) Event Director: Bob Miller (416-735-4021) Headquarters: Barb Campbell (416-524-9565)

Emergency Services: 911

Contents of Race Package:

• These Competitor Instructions (4 pages)

- 4 National Topographic System (NTS) Topographic Maps
- 1 Backroad Mapbook map
- 1 The Massasauga Provincial Park Map

Details for National Topographic System Maps

Information Current as of 1994 (some trails and roads (in bold) as of 2015)

• Scale: 1:50000

• 1000m UTM Grid Zone 17T NAD 83

• Contour Interval: 50ft or 20m

• Grid Declination: 11.5° West (current as of 2015)

Definitions:

CP – Checkpoint (Must punch SI card at all CPs)

TA – Transition Area (All TAs are also CPs. Teams will have access to specified gear bins)

Course Specific Rules:

- 1. Any team that will arrive at a CP past an "**Absolute Cut-Off**" must notify Race Management of their location and condition prior to that cut-off.
- 2. All teams must be off the course by 2:00pm on Sunday October 4, 2015.
- 3. Hwy 400 and Twelve Mile Bay Road are Out-of-Bounds. Teams caught traveling on these roads will be disqualified. It is okay to cross Hwy 400 on over/under passes.
- 4. Crossing Private Property is forbidden unless otherwise stated. Be courteous and respectful when passing or approaching any private residences (especially in the dark).
- 5. Traveling along railway tracks is forbidden (it is okay to cross them).
- 6. The Backroad Mapbook Map and the Massasauga Provincial Park Map contain additional portages, trails and roads, be sure to consult them.

Pre-Race Bike Drop-Off: Before the event begins teams are required to drop off their bikes between 6:30am and 7:15am on Saturday October 3, 2015 at the intersection of the Seguin Trail and Tally-Ho Swords Road. This is roughly 5.5km from the Orrville Community Centre and shouldn't take more than 20 minutes round-trip. Event staff will be on hand at the intersection to help direct participants at the drop-off location. Teams can leave; bikes, bike shoes, helmets, food, water and anything else they wish with their bikes. However **everything** must be taken from this location when passed in the race. No mandatory full-time gear can be left here.

Pre-Race DeLorme Tracker Meeting (7:30am on Saturday October 3, 2015 in front of the Orrville Community Centre) One person from each team must be present and have the DeLorme Tracker with them.

START Map 1

The Start is located on the Seguin Trail in Orrville. The race begins at 8:00am on Saturday October 3rd, 2015.

Section 1 - Trekking

Bike Pick-Up Map 1

From the Start teams must trek along the Seguin Trail to the Bike Pick-Up.

Section 2 - Mountain Biking

CP1 Map 1

CP1 is located on the north Shore of Liebeck Lake along the Seguin Trail. At CP1 teams can leave their bikes, bike shoes, helmets, food, water and anything else they wish. However <u>everything</u> must be taken from this location when teams depart CP4. No mandatory full-time gear can be left here while trekking.

Section 3 - Trekking (acceptable means of travel: on foot & packraft)

CP2 Map 1

CP2 is located on a point on the north shore of Flaxman Lake.

CP3 Map 1

CP3 is located at the east end of a pond at a creek.

CP4 Map 1

CP4 is located on the north Shore of Liebeck Lake along the Seguin Trail. The same location as CP1. Teams will depart CP4 on bike.

Section 4 – Mountain Biking

CP5/TA1 Map 1 (Gear Bin #1 available)

CP5/TA1 is located in a parking lot at the Three Legged Lake Access Point to The Massasauga Provincial Park.

Section 5 - Canoeing

CP6 Map 2

CP6 is located at campsite #206 on the southeast shore of Cow Island.

CP7 Map 2

CP7 is located at campsite #217 on the southeast shore of Miron Island.

CP8/TA2 Map 3 (Gear Bin #2 available)

CP8/TA2 is located at the Pete's Place Access Point to The Massasauga Provincial Park. When arriving at CP8/TA2 you'll be required to portage your canoes roughly 100m up to the Transition Area.

Section 6 - Trekking (acceptable means of travel: on foot & packraft)

CP9 (unmanned) Map 3

CP9 is located on a bridge over a creek. CP9 is located on private property that we have permission to use. To access CP9 follow the driveway numbered 71. There will be pink flags leading you from the driveway to the bridge. Once across the bridge you will still be on private property and must remain at least 100m away from the cottages to the southwest (marked "Out of Bounds" on the map).

CP10 Map 3

CP10 is located on the north shore of the Moon River at Moon Falls.

CP11 Map 3

CP11 is located on the west shore of Eagle Lake.

Short-Course #1 Cut-Off at CP11: Teams must reach CP11 by 0200 on Sunday October 4, 2015 to remain on the Full Course. Teams arriving after 0200 will continue on Short Course #1 and trek directly to CP13. For these Short Course teams CP13 will become TA3 and their bikes and Gear Bin #1 will meet them there.

CP12/TA3 Map 3 (Gear Bin #1 available)

CP12/TA3 is located at the end of an abandoned road. On your map, please note the location of a snowmobile bridge over the Moon River just west of Hwy 400.

Short-Course #2 Cut-Off at CP12/TA3: Teams must leave CP12/TA3 by 0900 on Sunday October 4, 2015 to remain on the Full Course. Teams departing after 0900 can continue on Short Course #2 and bike directly to the finish skipping CP13, CP14 and CP15.

Absolute Cut-Off at CP12/TA3: Teams arriving at CP12/TA3 past 1000 on Sunday October 4, 2015 will be removed from the course and transported to Race Headquarters by event staff.

Section 7 - Mountain Biking

CP13 (also Short-Course #1 TA3) Map 3

CP13 is located at a public boat launch on Kapikog Lake.

Absolute Cut-Off at CP13: Teams arriving at CP13 past 1100 on Sunday October 4, 2015 will be removed from the course and transported to Race Headquarters by event staff.

CP14 Map 4

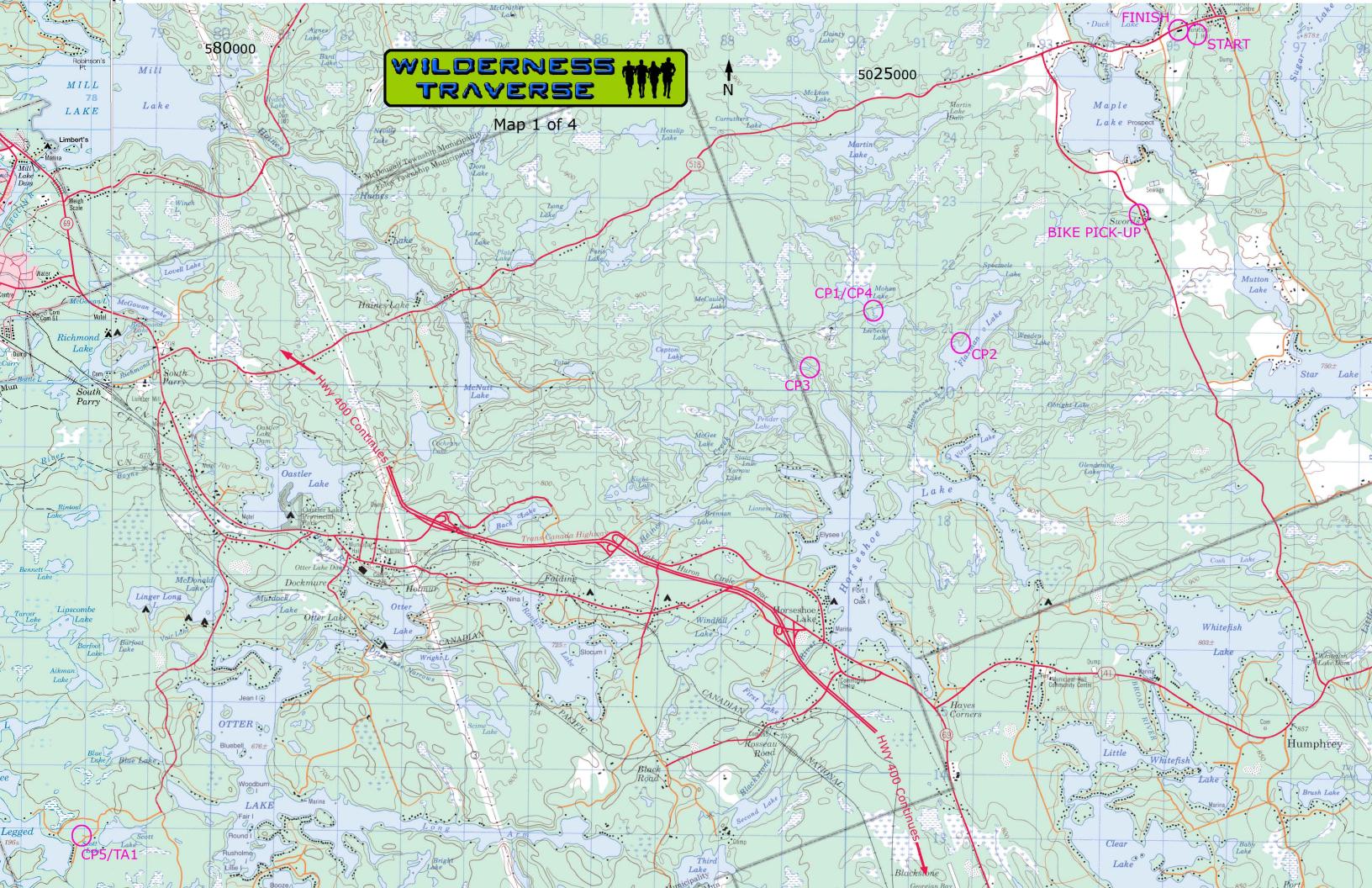
CP14 is located at a snowmobile bridge over the Blackstone River. However, the bridge is removed at this time of year. CP staff will have 2 canoes available for teams to use to cross the river. If a team arrives alone they can use both canoes. If 2 teams arrive at the same time each team can use 1 canoe.

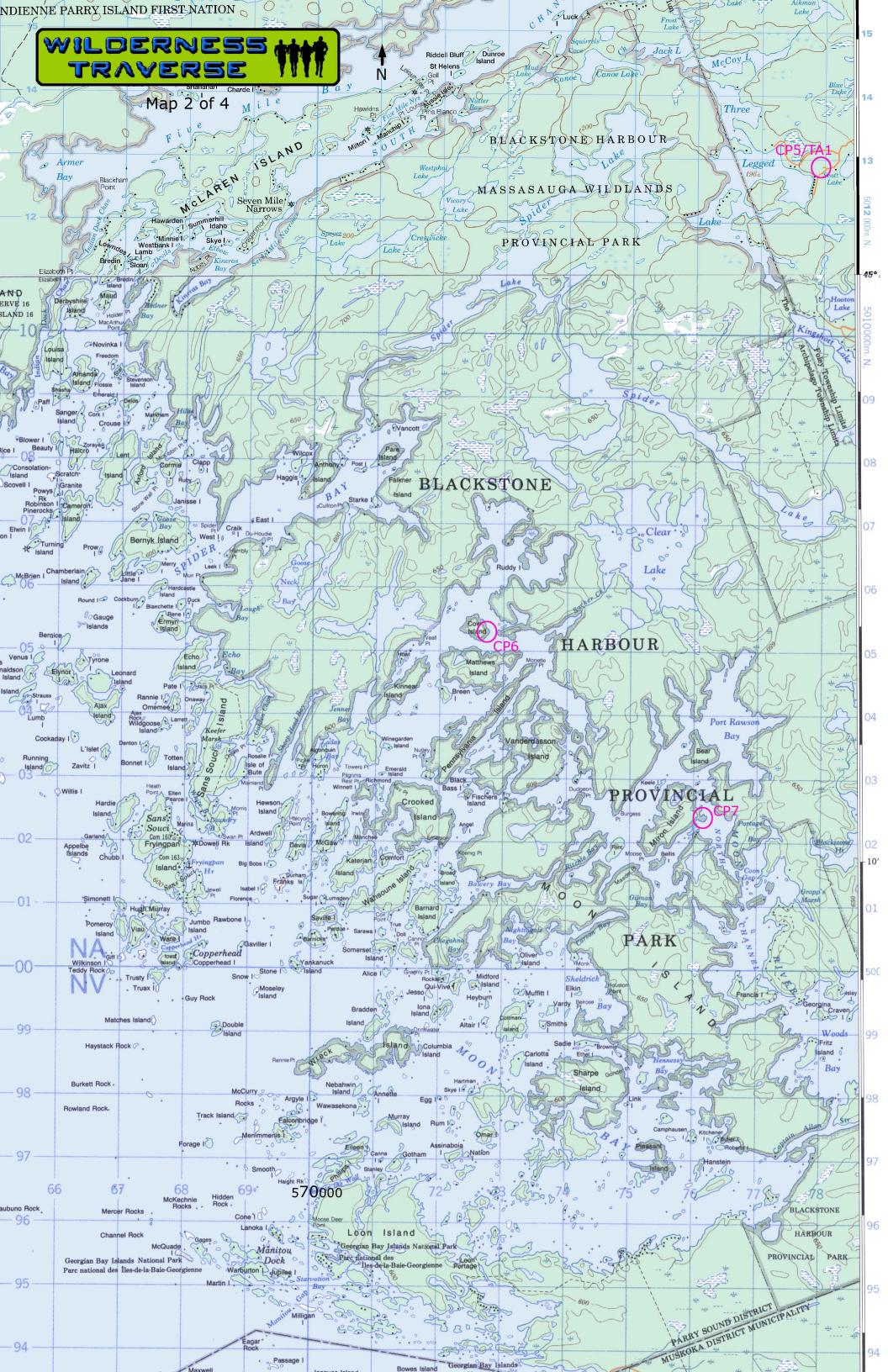
CP15 (unmanned) Map 4

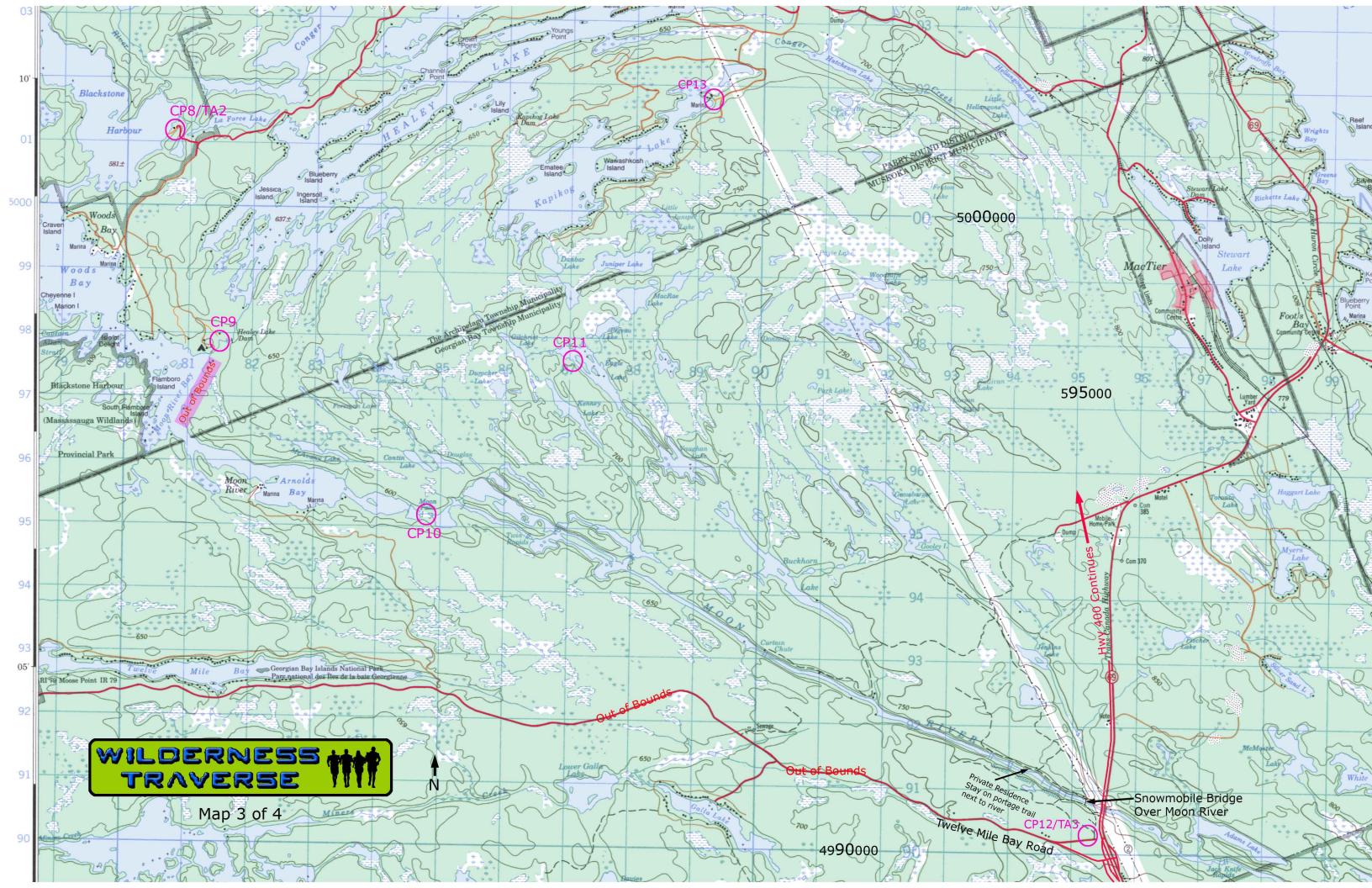
CP15 is located at the intersection of two roads.

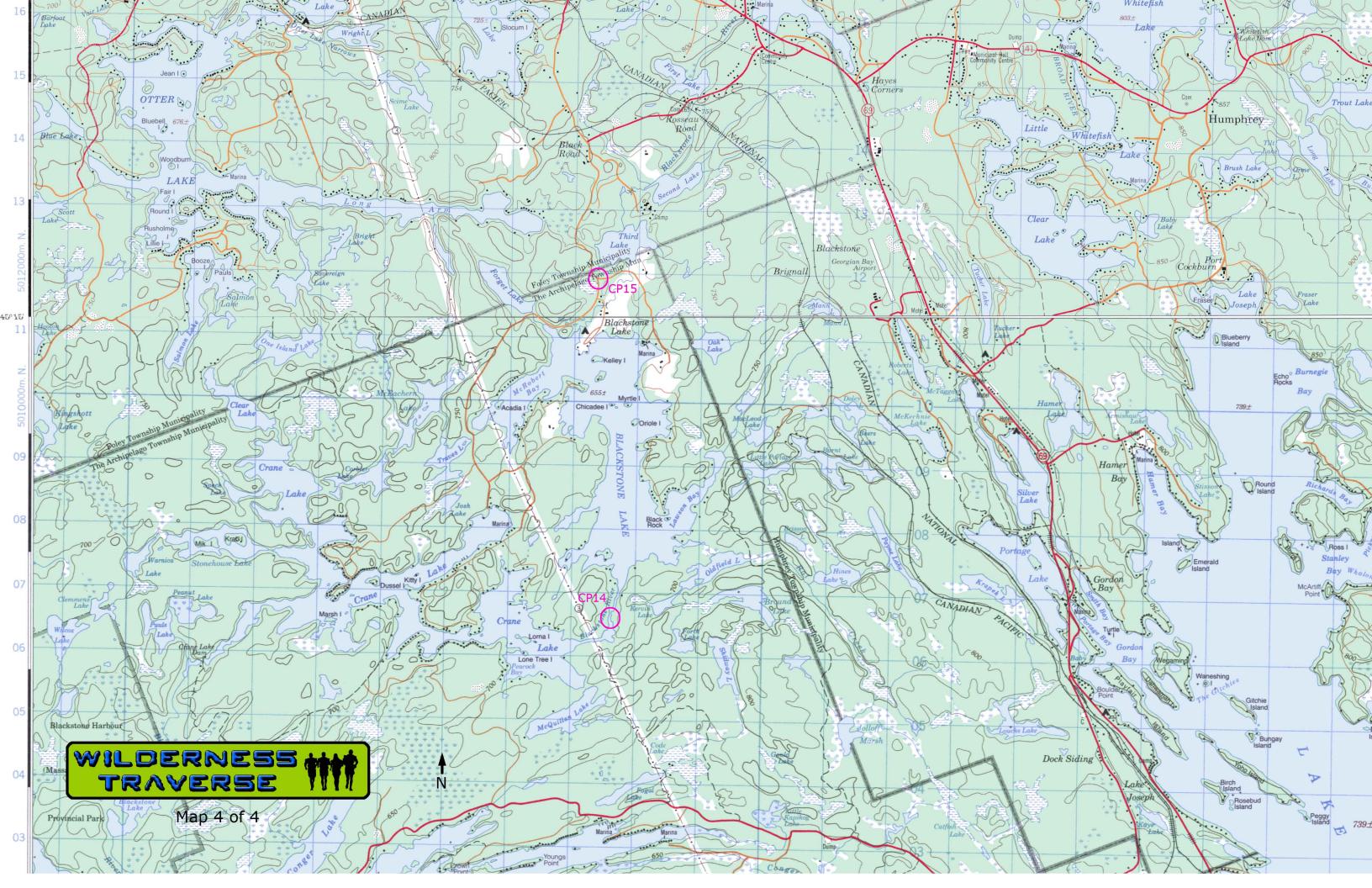
FINISH Map 1

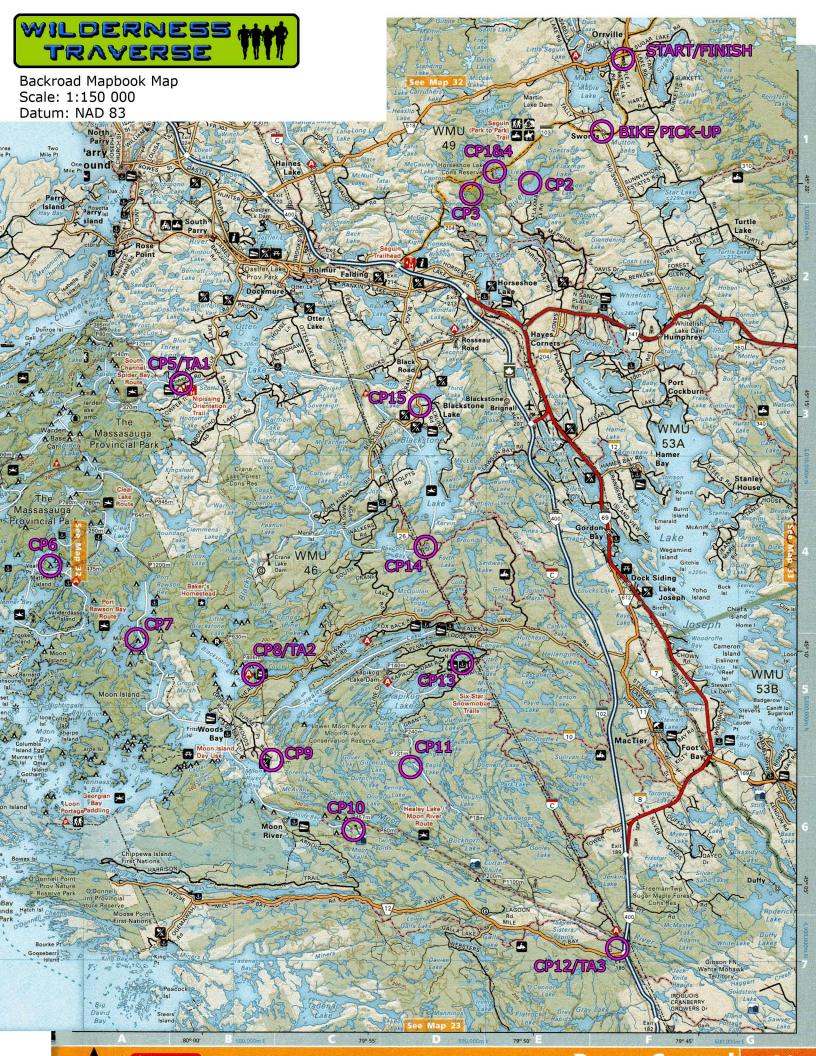
The Finish will be on the north side of the Orrville Community Centre.







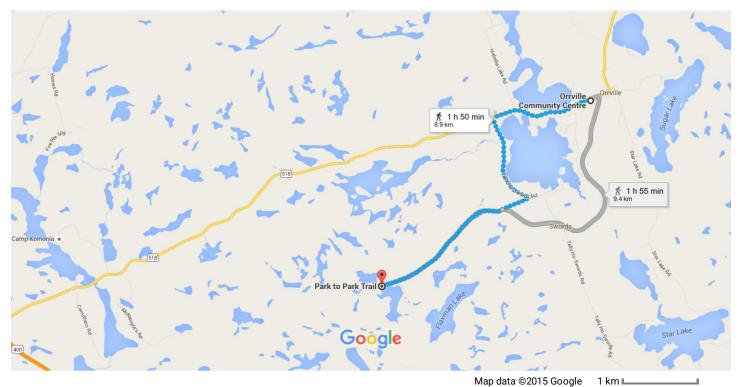




Google Maps

Orrville Community Centre to Park to Park Trail, Seguin, ON P0G

Walk 8.9 km, 1 h 50 min



1 km ⊾

Orrville Community Centre

Use caution - may involve errors or sections not suited for walking

1207 Hwy 518, Orrville, ON P2A 2W9

		Destination will be on the left	3.5 km
1	4.	Continue onto Park to Park Trail/Seguin Trail 1 Destination will be on the left	
L	3.	Turn right onto Tambasco Rd	750 m
4	2.	Turn left onto Tally Ho-Swords Rd	2.4 km
T	1.	Head West on ON-518 W toward Duck Lake Rd	2.4 km

Park to Park Trail

Seguin, ON POG

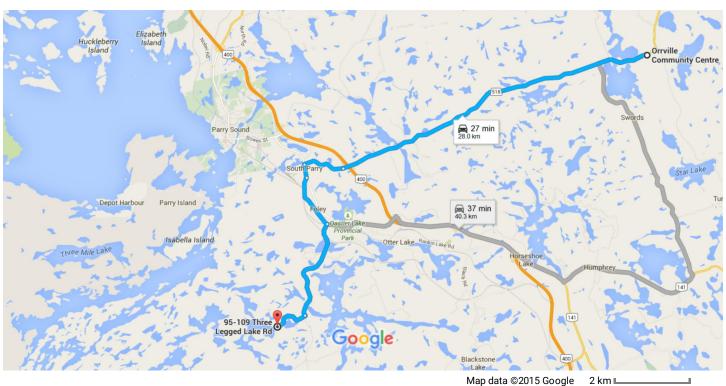
These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

30/09/2015 15:10



Orrville Community Centre to 95-109 Three Legged Drive 28.0 km, 27 min Lake Rd, Parry Sound, ON P2A 2W8

Wilderness Traverse - Orrville Community Centre to CP5/TA1



Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

1	1.	Head west on ON-518 W toward Duck Lake Rd	15.01
1	2.	Continue onto Hunter Dr	- 15.8 km
4	3.	Turn left onto Oastler Park Dr	— 2.0 km
r	4.	Turn right onto James Bay Junction Rd	— 650 m
L	5.	Turn right onto Blue Lake Rd	— 2.6 km
Ļ	6.	Turn right onto Three Legged Lake Rd Destination will be on the right	— 5.2 km
			— 1.8 km

95-109 Three Legged Lake Rd

Parry Sound, ON P2A 2W8

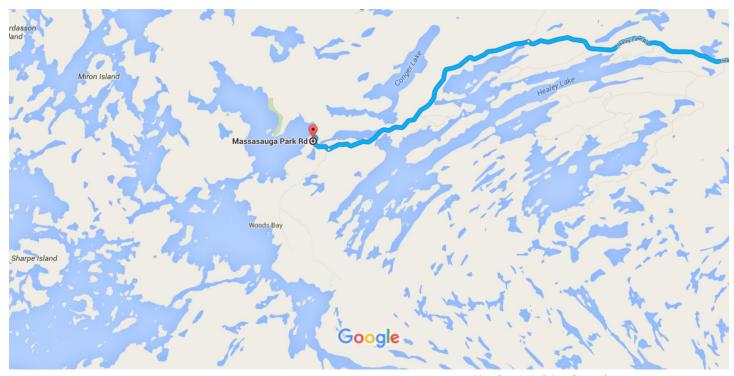
These directions are for planning purposes only. You may find that construction

30/09/2015 15:14



Orrville Community Centre to Massasauga Park Rd, Drive 52.6 km, 50 min The Archipelago, ON P0G

Wilderness Traverse 2015 - To reach CP8/TA2



Map data ©2015 Google 1 km **∟**

Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

↑ Head west on ON-518 W toward Duck Lake Rd

2 min (2.4 km)



Continue on ON-141 W. Take Lake Joseph Rd to Healey Lake Rd

			17 min (21.3 k	(m)
L	3.	Turn right onto ON-141 W		,
				6.9 km
4	4.	Turn left onto Lake Joseph	Rd/ON-141	W
				3.5 km

↑ 5. Turn left onto Lake Joseph Rd 6.7 km

6. Turn right onto ON-612 S (signs for Regional Road 612/Mactier)

Follow Healey Lake Rd to Massasauga Park Rd in The Archipelago

21 min (17.3 km)7. Turn right onto Healey Lake Rd (signs for Healey Lake Road)

1 8. Turn left to stay on Healey Lake Rd
5.9 km

9. Turn right onto Massasauga Park Rd

Destination will be on the left



Massasauga Park Rd

The Archipelago, ON POG

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map

2 of 3 30/09/2015 15:18

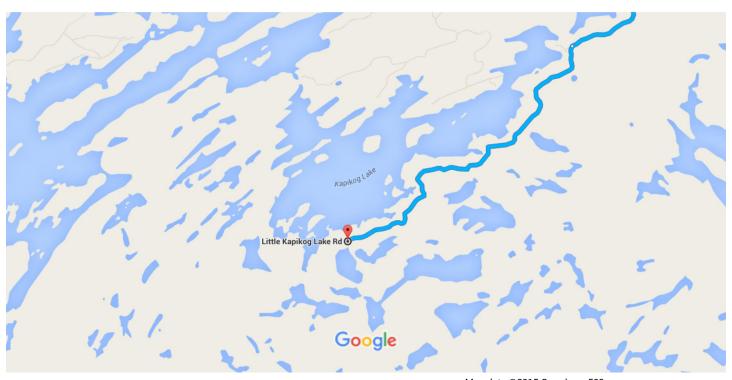
4.2 km



Orrville Community Centre to Little Kapikog Lake Rd, The Archipelago, ON P0G

Drive 48.1 km, 47 min

Wilderness Traverse CP11 (requires paddle and portage from this location. The last 3k of this road is rough. Once over a steep culvert, look for a laneway on the left. drive down here and park on the North Shore of Dunbar Lake.



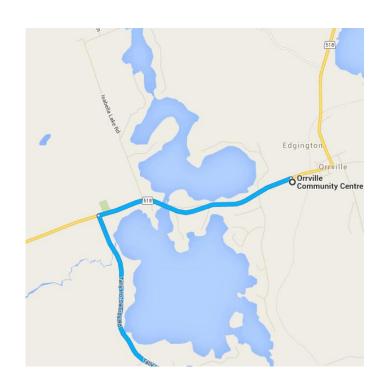
Map data ©2015 Google 500 m

Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

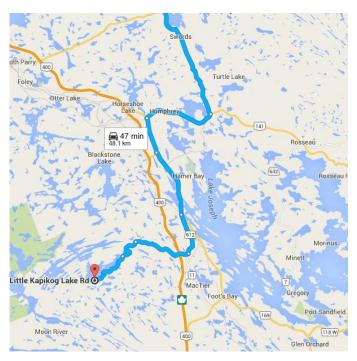
† Head west on ON-518 W toward Duck Lake Rd

2 min (2.4 km)



Continue on ON-141 W. Take Lake Joseph Rd to Healey Lake Rd

Heal	ey La	ake Rd	luna)
L	3.	17 min (21.3 Turn right onto ON-141 W	KM)
4	4.	Turn left onto Lake Joseph Rd/ON-14	
4	5.	Turn left onto Lake Joseph Rd	3.5 km
Ļ	6.	Turn right onto ON-612 S (signs for Regional Road 612/Mactier)	- 6.7 km
			- 4.2 km



Follow Healey Lake Rd to Little Kapikog Lake Rd in The Archipelago

18 min (12.8 km)

- Turn right onto Healey Lake Rd (signs for Healey Lake Road)
- 5.6 km Turn left onto Kapikog Lake Rd/Little
- Kapikog Lake Rd
- Keep left to stay on Kapikog Lake Rd/Little Kapikog Lake Rd
 - Continue to follow Little Kapikog Lake Rd
 - Destination will be on the left

4.3 km



Little Kapikog Lake Rd

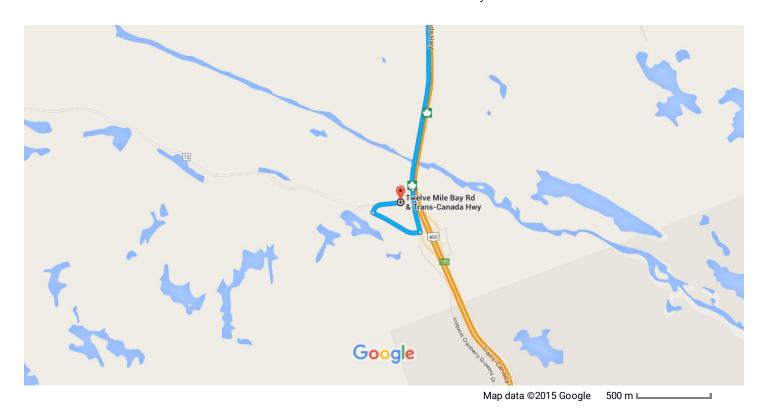
The Archipelago, ON POG

30/09/2015 15:24 2 of 3

Google Maps

Orrville Community Centre to Twelve Mile Bay Rd & Drive 55.0 km, 33 min Trans-Canada Hwy, Ontario

Wilderness Traverse 2015 - Orrville Community Centre to CP12/TA3



Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

†	1.	Head west on ON-518 W toward Duck Lake Rd	
*	2.	Use the right lane to take the ON-400 S/ON-69 S ramp to Toronto	15.6 km
*	3.	Merge onto Trans-Canada Hwy/ON-400 S	550 m
r	4.	Take exit 185 toward Twelve Mile Bay Rd/Muskoka District Rd 12	37.4 km
L	5.	Turn right onto Twelve Mile Bay Rd/Muskoka District Rd 12	500 m
Ļ	6.	Turn right i Destination will be on the left	600 m
			400 m

Twelve Mile Bay Rd & Trans-Canada Hwy

Ontario

These directions are for planning purposes only. You may find that construction

Google Maps

Orrville Community Centre to Kapikog Lake Rd, The Drive 43.9 km, 40 min Archipelago, ON POG

Wilderness Traverse 2015 - Orrville Community Centre to CP13



Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

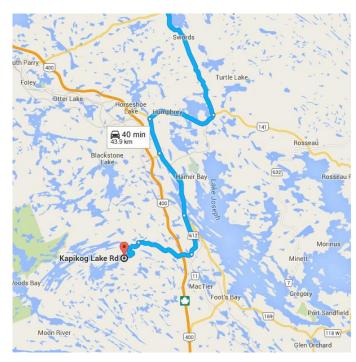
↑ Head west on ON-518 W toward Duck Lake Rd

2 min (2.4 km)



Continue on ON-141 W. Take Lake Joseph Rd to Healey Lake Rd

	•	17 min (21.3 k	(m)
Γ	3.	Turn right onto ON-141 W	ATT)
4	4.	Turn left onto Lake Joseph Rd/ON-141	
4	5.	Turn left onto Lake Joseph Rd	3.5 km 6.7 km
Ļ	6.	Turn right onto ON-612 S (signs for Regional Road 612/Mactier)	O.7 KIII
			4.2 km



Continue on Healey Lake Rd to your destination in The Archipelago

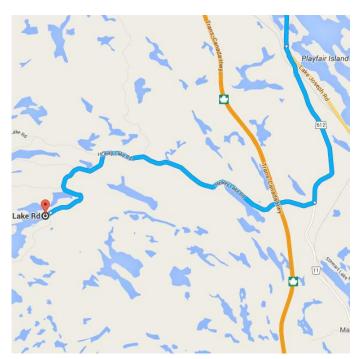
7. Turn right onto Healey Lake Rd (signs for Healey Lake Road)

5.6 km

8. Turn left onto Kapikog Lake Rd/Little Kapikog Lake Rd

2.9 km

9. Continue straight



Kapikog Lake Rd

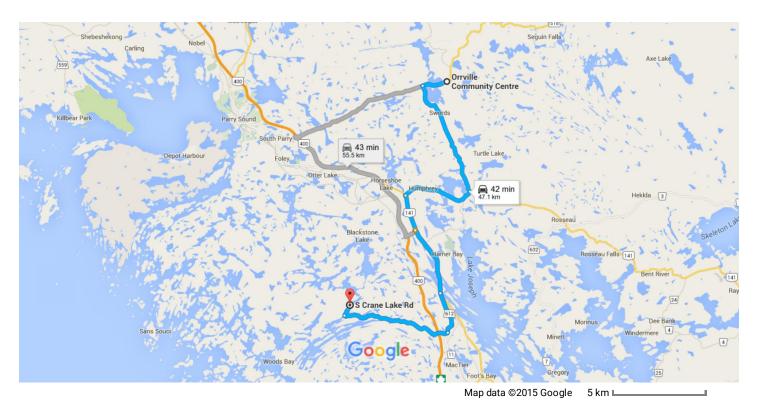
The Archipelago, ON POG

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map



Orrville Community Centre to S Crane Lake Rd, The Drive 47.1 km, 42 min Archipelago, ON POG

Wilderness Traverse 2015, Orrville Community Centre to CP14. Note Paddle & portaging is required from the destination shown here on McQuillam Lake. Also note, once on Crane Lake Road you'll need to make your first right at sign "1" down a driveway to a hunt camp. They've agreed to let you launch your canoes here. (Son's name is Adam).



Orrville Community Centre

1207 Hwy 518, Orrville, ON P2A 2W9

† Head west on ON-518 W toward Duck Lake Rd

Edgington

Orrville
Community Centre

1 of 3 30/09/2015 15:36

2 min (2.4 km)

Continue on ON-141 W. Take Lake Joseph Rd to Healey Lake Rd

- 17 min (21.3 km)

3.	Turn right onto ON-141 W	
		6.9 km

4. Turn left onto Lake Joseph Rd/ON-141 W
3.5 km

5. Turn left onto Lake Joseph Rd
6.7 km

6. Turn right onto ON-612 S (signs for Regional Road 612/Mactier)

4.2 km

Swords

uth Parry (100)
Foley

Turtle Lake

Otter Lake

Blackstone
Lake

Hamer Bay

OS Crane Lake Rd

(632)

Rosseau

Morinus

Minett

Foots Bay

Port Sandfield

Moon River

(18 W)

Glen Orchard

Follow Healey Lake Rd to S Crane Lake Rd in The Archipelago

— 12 min (11.8 km)

1.1 km

Turn right onto Healey Lake Rd (signs for Healey Lake Road)

_____ 10.7 km

8. Turn right onto S Crane Lake Rd

S Crane Lake Rd O

Rocky Etest Golf Resort 2

Hamer Bay

Face Joseph 1

MacTier

Foot

S Crane Lake Rd

The Archipelago, ON POG