

Wilderness Traverse Adventure Race – 2019

Competitor Instructions

Emergency Phone Numbers:

Head of Safety: Graham Rupert (416-560-8757)

Event Director: Bob Miller (416-735-4021)

Headquarters: Amber Panchyshyn (416-528-7130) Pat Chan (780-935-2286)

Emergency Services: 911

Contents of Race Package:

- These Competitor Instructions (4 pages)
- 3 National Topographic System (NTS) Topographic Maps
- 1 Haliburton ATV Map
- 1 Frost Centre Ski and Snowshoe Trails Map
- 1 Leslie M. Frost Centre Orienteering Map
- 1 Backroad Mapbook Overview Map

Details for National Topographic System Maps

- Produced 2010, Roads 1994-2009, Vegetation 2002, Buildings 1994, (some trails and roads (in bold) as of 2019)
- Scale: 1:50000
- 1000m UTM Grid Zone 17T NAD 83
- Contour Interval: 20m
- Grid Declination: **12° West** (current as of 2019)
- Out of Bounds Areas and roads are marked with "Out of Bounds", or red shading.

Definitions:

CP – Checkpoint (Must punch SI card at all CPs and both "in" and "out" of TAs)

TA – Transition Area (All TAs are also CPs. Teams will have access to specific gear bins)

Course Specific Rules:

1. Any team that will arrive at a CP past an "**Absolute Cut-Off**" must notify Race Management of their location and condition prior to that cut-off.
2. Teams attempting Trek 2, or Trek 3 who don't collect all of the CP's on those treks will be ranked as if they missed the entire trek and will be placed on the appropriate short course. No time credits will be given in these instances for time spent trekking.
3. All teams must be off the course by 1400 on Sunday August 25, 2019 to be eligible for an official finish.
4. **Hwy 35, Hwy 117 and Hwy 118 are OUT OF BOUNDS (unless specified in these instructions).** Teams caught traveling on these roads will be disqualified. It is okay to cross these roadways.
5. Crossing Private Property is forbidden unless otherwise stated. Be courteous and respectful when passing or approaching any private residences (especially in the dark).
6. Traveling along railway tracks is forbidden (it is okay to cross them).

START

NTS Map 1

The Start is located at the Dorset Parkette east of the Dorset Recreation Centre.

Teams will start in canoes on the water. The race begins at 0800 on Saturday August 24, 2019.

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Section 1 – Canoeing

CP1 NTS Map 1

CP1 is located at a campsite on a point on the north shore of Black Lake.

CP2(unstaffed) NTS Map 2

CP2 is located on a point on the south shore of Sherborne Lake.

CP3/TA1 NTS Map 2 (Gear Bin#1 available)

CP3/TA1 is located on a road. Teams should paddle to the west end of Partridge Lake and look for flagging tape that will bring them to a small trail up to the road. Travel 100m north on the road and then follow the instructions of TA Volunteers with respect to where to place canoes and access gear bins. When departing the TA move gear bins to the designated area.

Section 2 – Trekking

CP4 NTS Map 2

CP4 is located at a campsite on the northwest shore of Silver Buck Lake.

CP5 NTS Map 2

CP5 is located at a campsite on the west shore of Emerson Pond.

CP6/TA2 NTS Map 2 (Gear Bin#2 and bikes available)

CP6/TA2 is located at Lions Camp Dorset. When departing the TA move gear bins to the designated area. Note, this is the last time you will have access to gear bins during the event, be sure to bring enough food, and shoes for trekking when departing the TA.

Short-Course 1 Cut-Off at CP6/TA2: Teams must depart CP6/TA2 by 0400 on Sunday August 25, 2019 to remain on the Full Course. Teams departing after 0400 can continue on Short Course 1 and bike directly from CP6/TA2 to the Dorset Recreation Centre and check in with HQ staff there to finish. They don't need to travel to the official finish on Paint Lake Road. Teams on Short Course 1 are permitted to travel on Hwy 35 for a short distance to reach the Dorset Recreation Centre.

Section 3 – Mountain Biking

CP7 NTS Map 2

CP7 is located at a campsite on the west shore of Emerson Pond (the same location as CP5).

CP8 Bike Drop-Off NTS Map 2

CP8 is located at a parking area on the west side of Hwy 35 across the road from the Frost Centre. Teams should refer to the Frost Centre Ski and Snowshoe Trails Map for details on trails to reach CP8. Keep in mind travel along Hwy 35 is out of bounds.

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Use caution when approaching CP8 and biking on the Frost Centre Ski and Snowshoe Trails as **some hike-a-bike will be required for steep descents and passing rock faces**. Cold and Hot Water will be available at CP8.

Short-Course 2 Cut-Off at CP8: Teams not departing CP8 by 0600 on Sunday August 25, 2019 cannot start Trek 2, or Trek 3 and must continue biking to CP13 and then onto the Finish.

Section 4 – Trekking

CP9(unstaffed) Leslie M. Frost Centre Orienteering Map

CP9 is located on a small Hill Top.

CP10(unstaffed) Leslie M. Frost Centre Orienteering Map

CP10 is located in a small valley.

CP11(unstaffed) Leslie M. Frost Centre Orienteering Map

CP11 is located on a Hill Top.

CP12 Bike Pick-Up NTS Map 2

CP12 is located at a parking area on the west side of Hwy 35 across the road from the Frost Centre (same location as CP8). Cold and Hot Water will be available at CP12.

Section 5 – Mountain Biking

CP13(unstaffed) NTS Map 1

CP13 is located at a road junction.

Short-Course 3 Cut-Off at CP13: Teams not departing CP13 by 0300 on Sunday August 25, 2019 cannot travel to CP14 to start Trek 3 and must continue biking directly to the Finish.

CP14 Bike Drop-Off NTS Map 3

CP14 is located at a campsite on the west shore of Cinder Lake. Cold and Hot Water will be available at CP14.

Short-Course 4 Cut-Off at CP14: Teams not departing CP14 by 0330 on Sunday August 25, 2019 cannot begin Trek 3 and must continue biking directly to the Finish.

Section 6 - Trekking

CP15 (unstaffed) NTS Map 3

CP15 is located on the north shore of Three Brothers Lakes.

CP16 NTS Map 3

CP16 is located at a campsite on the east shore of Upper Crane Lake.

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CP17 NTS Map 3

CP17 is located at a campsite on a point on the east shore of Cinder Lake.

CP18 Bike Pick-Up NTS Map 3

CP18 is located at a campsite on the west shore of Cinder Lake (the same location as CP14). Cold and Hot Water will be available at CP18.

Absolute Cut-Off at CP18: Teams teams not departing CP18 by 1100 on Sunday August 25, 2019 will be transported to the finish by event staff.

Section 7 – Mountain Biking

FINISH NTS Map 1

The Finish will be at a Cemetery on the south side of Paint Lake Road. Once teams check-in with the finish line volunteers, they must continue biking ~5km back to the Dorset Recreation Centre and proceed directly to Race Head Quarters located inside to drop of their timing chip and YB Tracker. Finishes will not be considered official until teams have checked in and dropped off gear at the Dorset Recreation Centre with event staff. It is okay to travel on Hwy 117 when biking to the Dorset Rec Centre, but teams must avoid travel on Hwy 35.

Course Cut-Off – The course will close at 1400 on Sunday August 25, 2019. Any team who has not reached the finish line by this time will not receive an official finish.