

Wilderness Traverse Adventure Race – 2023

Competitor Instructions

Emergency Phone Numbers:

Head of Safety: Graham Rupert (416-560-8757)

Event Director: Bob Miller (416-735-4021)

Headquarters: Barb Campbell (416-524-9565) Amber Panchyshyn (416-528-7130)

Emergency Services: 911

Contents of Race Package:

- These Competitor Instructions (3 pages)
- 3 National Topographic System (NTS) Topographic Maps
- 1 Frost Centre Map (The Adventure Map)
- 1 Haliburton ATV Map
- 1 Frost Centre Ski and Snowshoe Trails Map
- 1 Crests of Kennisis Trail Map
- 1 Backroad Mapbook Overview Map

Details for National Topographic System Maps

- Produced 2010, Roads 1994-2009, Vegetation 2002, Buildings 1994, (some trails and roads (in bold) as of 2023)
- Scale: 1:50000
- 1000m UTM Grid Zone 17T NAD 83
- Contour Interval: 20m
- Grid Declination: **11° West** (current as of 2023)
- Out of Bounds Areas and roads are marked with "Out of Bounds", or red shading.
- Some course tips/conditions written in red

Definitions:

CP – Checkpoint (Must punch SI card at all CPs and both "in" and "out" of TAs)

TA – Transition Area (All TAs are also CPs. Teams will have access to specific gear bins as described)

Course Specific Rules:

1. Any team that will arrive at a CP past an "**Absolute Cut-Off**" must notify Race Management of their location and condition prior to that cut-off.
2. Teams attempting Trek 2, who don't collect all of the CP's (10 and 11) will be ranked as if they missed the entire trek and will be placed on the Explorers Course. No time credits will be given for time spent trekking.
3. All teams must be off the course by 1600 on Sunday to be eligible for an official finish.
4. **Hwy 35, Hwy 117 and Hwy 118 are OUT OF BOUNDS (unless specified in these instructions).** Teams caught traveling on these roads will be disqualified. It is okay to cross these roadways.
5. Crossing Private Property is forbidden unless otherwise stated. Be courteous and respectful when passing or approaching any private residences (especially in the dark).
6. Traveling along railway tracks is forbidden (it is okay to cross them).

Special Note: Be sure to reference all maps provided as some show trails not on the NTS Maps.

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START NTS Map 1

The Start is located at Lions Camp Dorset. The race begins at 1000 on Saturday.

Section 1 – Prologue Trek

One member from each team will run/hike a 2km prologue trek loop in a counterclockwise direction as shown in pink highlight on Map 1. The trail is permanently marked with orange arrows and the marked route must be followed. Other team members will wait next to pre-assigned canoes (marked with their bib numbers) near the beach at Lions Camp Dorset. Teams may not move the canoes from the location found until their team member has completed the prologue.

Section 2 – Canoeing

CP1 NTS Map 1

CP1 is located at a campsite on a point on the south shore of Sherborne Lake.

CP2 NTS Map 1

CP2 is located at a campsite on the southeast shore of Nunikani Lake.

CP3 NTS Map 1

CP3 is located at a campsite on a point on an island in Red Pine Lake

CP4/TA1 NTS Map 1 (Gear Bin#1 available)

CP4/TA1 is located on a dead-end gravel road that leads to a decommissioned dump. Teams will be directed where to leave their canoes at the take-out by event volunteers. All personal paddling gear must then be brought to the actual TA.

Section 3 – Trekking

CP5 (unstaffed) NTS Map 1

CP5 is located on a trail at a lookout.

CP6 NTS Map 1

CP6 is located at a campsite on the north shore of Silver Buck Lake.

CP7/TA2 NTS Map 1/2 (Gear Bin#2 and bikes available)

CP7/TA2 is located at a parking lot on the west side of Hwy 35 across from the Frost Centre. When departing the TA move gear bins to the area designated by TA Staff. Note, this is the last time you will have access to gear bins until CP13/TA5, be sure to bring enough food and shoes for trekking when departing the TA. There will be no water available at TA3/TA4.

Explorers Course Cut-Off at CP7/TA2: Teams must depart CP7/TA2 by 0400 on Sunday to attempt the Explorers Course. Teams departing after 0400 can continue on the Challenge Course. Challenge Course participants will bike directly from CP7/TA2 to the Finish at Lions Camp Dorset by way of the Frost Centre Trails.

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Sherborne Lake Road and the trails leading up to Kawagama Lake Road. Travel on Hwy 35 is still Out of Bounds.

Absolute Course Cut-Off at CP7/TA2: Teams not departing CP7/TA2 by 1200 on Sunday will be transported to the finish by event staff.

Section 4 – Mountain Biking

CP8 (unstaffed) NTS Map 2

CP8 is located at a campsite on the south shore of Crosson Lake.

CP9/TA3 NTS Map 2, or 3

CP9/TA3 is located at a campsite on a point on the north shore of Black Lake. There will not be water provided at this TA.

Expedition Course Cut-Off at CP9/TA3: Teams not departing CP9/TA3 by 0500 on Sunday cannot start Trek 2 and must continue biking to CP13/TA5 on the Explorers Course.

Section 5 – Trekking

CP10 NTS Map 3

CP10 is located at a campsite on a point on the west shore of McEwen Lake.

CP11(unstaffed) NTS Map 3

CP11 is located at the base of a cliff and on the north shore of an unnamed lake.

CP12/TA4 NTS Map 3

CP12/TA4 is located at a campsite on a point on the north shore of Black Lake (same location as CP9/TA3). There will not be water provided at this TA.

Section 6 – Mountain Biking

CP13/TA5 NTS Map 3

CP13/TA5 is located at a boat launch area on the east side of Hwy 35.

Absolute Cut-Off at CP13/TA5: Teams not departing CP13/TA5 by 1200 on Sunday will be transported to the finish by event staff.

Section 7 – Trekking

FINISH NTS Map 3

The Finish will be located at Lions Camp Dorset. As a reminder, packrafting is not permitted in the 2023 event.

Course Cut-Off – The course will close at 1600 on Sunday. Any team who has not reached the finish line by this time will not receive an official finish.

Good Luck!